



Notice

TO ALL OWNERS & RESIDENTS:

Ref No. 19-28

URGENT WARNING RECENT DENGUE CASES !!

There has been a number of recently Reported Dengue Cases in Kiaramas Cendana and surrounding Condominiums.

Residents are advised to take all necessary precautions. Thank you

The dengue infection is transmitted by the female Aedes mosquito. The Aedes mosquitoes have black and white markings on their bodies and legs and usually lay their eggs in water containing organic material (decaying leaves, algae), in domestic containers, flower pots, etc.

PHASES OF INFECTION	SYMPTOMS , WARNING SIGNS & ADVICE
1. Febrile Phase <i>(There is often an overlap of this Febrile with the Critical phase below)</i>	<ul style="list-style-type: none"> - Sudden high-grade fever (38.5 C - 40.5 C) lasting 2 - 7 days - Generalised, severe body ache and joint pain - Severe headache and pain behind the eyes - Nausea, vomiting and diarrhoea - Facial flushing and reddish patches over the skin <p>ADVICE:</p> <ul style="list-style-type: none"> • Seek the help of a doctor & insist on a Full Blood Count by day 4 of fever. Blood test taken earlier may not show any significant results. • Keep well hydrated. If unable to tolerate drinking due to vomiting, admission and IV fluids may be indicated. • Keep track of when the temperature drops to <38C without Panadol. (important information for the doctor in order to diagnose which phase of the disease the person is in)
2. Critical Phase	<ul style="list-style-type: none"> - Occurs around 3rd - 5th day of illness - There will be a rapid drop in temperature & recovery in a mild case. - In cases of Dengue Haemorrhagic Fever the person actually becomes worse and starts bleeding internally . Warning Signs : Abdominal pain, Persistent vomiting, Bleeding tendencies while brushing teeth, etc, Lethargy/Restlessness, Difficulty in breathing <p>ADVICE: Seek medical help IMMEDIATELY!</p>
3. Recovery Phase	<ul style="list-style-type: none"> - Usually 24 - 48hours after critical phase. - General well-being improves, appetite returns, vomiting & diarrhoea stops.

The Management
Date :14 June 2019

PERBADANAN PENGURUSAN KIARAMAS CENDANA

(PTG/WP.20/1/2330)
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