



Notice

TO ALL OWNERS & RESIDENTS:

Ref No. 14 -37

URGENT WARNING - DENGUE INFECTION !!

As reported in all media recently, there has been a huge increase in the number of dengue cases nationwide in 2014 - a spike of 248% number of cases this year. As of 21.6.2014, there have been 82 deaths as compared to 25 deaths last year, a 228% increase.

The dengue infection is caused by a dengue virus which is mosquito-borne and transmitted by the female Aedes mosquito. There are 4 different types : DEN-1,2,3&4. A person can get infected by the virus more than once and usually the 2nd or 3rd infections run a risk of serious morbidity.

The Aedes mosquitoes have black and white markings on their bodies and legs and usually lay their eggs in water containing organic material (decaying leaves, algae) , in domestic containers, flower pots, etc.

PHASES OF INFECTION	SYMPTOMS , WARNING SIGNS & ADVICE
1. Febrile Phase	<ul style="list-style-type: none"> - Sudden high grade fever (38.5C-40.5C) lasting 2-7 days - Generalised, severe body ache and joint pain - Severe headache and pain behind the eyes - Nausea, vomiting , diarrhoea - Facial flushing and reddish patches over the skin <p>ADVICE:</p> <ul style="list-style-type: none"> • <i>Seek the help of a doctor & insist on a Full Blood Count by day 4 of fever. Blood test taken earlier may not show any significant results.</i> • <i>Keep well hydrated. If unable to tolerate drinking due to vomiting, admission and IV fluids may be indicated.</i> • <i>Keep track of when the temperature drops to <38C without Panadol. (important information for the doctor in order to diagnose which phase of the disease the person is in)</i>
2. Critical Phase	<ul style="list-style-type: none"> - Occurs around 3rd-5th day of illness - There will be a rapid drop in temperature & recovery in a mild case. - In cases of Dengue Haemorrhagic Fever the person actually becomes worse and starts bleeding internally – Warning Signs : Abdominal pain, Persistent vomiting, Bleeding tendencies while brushing teeth, etc, Lethargy/Restlessness, Difficulty in breathing <p>ADVICE: Seek medical help IMMEDIATELY!</p>
3. Recovery Phase	<ul style="list-style-type: none"> - Usually 24 - 48hours after critical phase. - General well being improves, appetite returns, vomiting & diarrhoea stops.

There is often overlapping of the Febrile and Critical phase. Thank you.

The Management
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PERBADANAN PENGURUSAN KIARAMAS CENDANA

(PTG/WP.20/1/2330)

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